



wild chop chop
greens

Breakfast

6 person minimum on all orders unless otherwise noted

Basket of Bagels	\$3.50 per person	
plain, cinnamon raisin and sesame served with low fat garden vegetable, scallion and plain cream cheese		
with fresh fruit bowl	\$6.50 per person	
Assorted Bakery Basket	\$4.50 per person	
freshly baked muffins, bagels and croissants served with sweet butter, fruit preserves and cream cheese		
with fresh fruit bowl	\$7.50 per person	
Fresh Seasonal Fruit Platter	small (serves 8-10) \$45.00	large (serves 12-18) \$65.00
Fresh Fruit Skewers	\$4.95 per person (10 person minimum)	
served with a honey yogurt dipping sauce		
Fresh Fruit and Cheese Platter	\$7.50 per person (8 person minimum)	
selected seasonal fruit and berries with fresh mozzarella, cheddar, Swiss and goat cheese served with pita chips		
Smoked Nova Mini Bites	\$6.95 per person	
assorted mini bagels with sliced Nova and cream cheese		
Smoked Nova Platter	\$9.50 per person (8 person minimum)	
served with garden vegetable, chive and plain cream cheeses, red onion, tomatoes and lemon wedges		
House Mixed Granola	\$4.50 per person	
with seasonal fresh fruit and low fat yogurt or milk		

Beverages

Coffee (regular or decaf) or Assorted Teas	\$2.50 per person
Freshly Squeezed Orange Juice or Grapefruit Juice	\$27.00 (serves 16-20 people)
Assorted Bottled Juices - orange, cranberry or apple	\$2.50 per person

Lunch

6 person minimum on all orders unless otherwise noted

Wild Greens' Lunch Boxes

(please no substitutions)

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|---|---------|
| 1 Half of any Wrap or Sandwich from our Menu Board
with soup, three bean salad and a freshly baked jumbo cookie | \$9.95 |
| 2 Half of any Wrap or Sandwich from our Menu Board
garden salad with choice of dressing, three bean salad and a freshly baked jumbo cookie | \$9.95 |
| 3 Half of any Wrap or Sandwich from our Menu Board
soup, fresh fruit salad and a freshly baked jumbo cookie | \$10.95 |
| 4 Soup (choose any soup from our daily selection)
garden salad, with choice of dressing, pita chips and a freshly baked jumbo cookie | \$8.95 |
| 5 A Whole Wrap or Sandwich from our Menu Board
with pita chips or three bean salad and a freshly baked jumbo cookie | \$10.95 |

Wild Wrap Platters \$8.95 per person

Your choice of freshly baked pitas or tortilla wraps. Choose from any of our wraps below.

Garden Chicken - grilled chicken, avocado, tomatoes, cheddar cheese, leaf spinach and walnut pesto aioli

Spicy Tuna - grilled yellowfin tuna, cucumbers, scallions, bell peppers, Chinese cabbage and wasabi mayonnaise

Santa Fe Steak - beef tenderloin, black beans, crispy onions, roasted red peppers, tomatoes, cheddar cheese, mesclun lettuce and chipotle aioli

Caesar Chicken - grilled chicken, romaine lettuce, tomatoes, cucumbers, parmesan cheese and classic caesar dressing

Southern Fried Chicken - crispy chicken, smoked bacon, tomatoes, Swiss cheese, mesclun lettuce and honey dijon dressing

Wild Greens Garden - portobello mushroom, avocado, carrots, bell peppers, tomatoes, goat cheese, mesclun lettuce and stone ground mustard aioli

Tuna Salad - tuna salad, tomatoes, cucumbers and mesclun lettuce

Tarragon Chicken Salad - our famous chicken salad with tomatoes and mesclun lettuce

Lunch

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Wild Greens' Sandwich Platters \$8.95 per person

Select from: whole wheat, rye, seven grain health loaf, French baguette or challah.

Choose from any of our sandwiches listed below.

Tuna Salad - with lettuce and tomato

Tarragon Chicken Salad - with lettuce and tomato

Avocado BLT - fresh avocado with lettuce, tomato, bacon and mayo

Turkey Club - with fresh roasted turkey, bacon, lettuce, tomato and mayo

Sicilian Steak - with sliced beef tenderloin, grilled portobello mushrooms, roasted red peppers, mozzarella cheese, tomato and walnut pesto aioli

Baja Chicken - grilled chicken breast, avocado, cheddar cheese, lettuce, tomato and chipotle aioli

Black Forest Ham - Swiss cheese, lettuce, tomato and honey dijon dressing

Sides

Garden Salad Bowl	\$3.95 per person
Three Bean Salad	\$3.50 per person
Tomato, Basil and Fresh Mozzarella Platter	\$5.95 per person
Vegetable Pasta Salad	\$3.95 per person
Fresh Vegetable Crudite Platter	\$3.95 per person (10 person minimum)
Basket of Assorted Pita Chips	\$3.75 per person
Seasonal Fresh Fruit Platter	small (serves 8-10) \$45.00 large (serves 12-18) \$65.00

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Wild Greens' Original Salad Bowls \$9.95 per person

Choose from our selection of salad originals:

California Cobb - with mixed field greens, grilled chicken, avocado, cucumber, hard boiled eggs, smoked bacon, tomatoes, blue cheese and honey dijon vinaigrette

Cowboy Steak - with romaine lettuce, beef tenderloin, black beans, corn, crispy onions, cucumbers, tomatoes and red Roquefort dressing

Havana Shrimp - with mesclun lettuce, grilled shrimp, avocado, carrots, corn, bell peppers, tomatoes and citrus vinaigrette

Asian Tuna - with Chinese cabbage, Bok Choy, grilled yellowfin tuna, carrots, cucumbers, Daikon radishes, scallions, sesame seeds and orange soy ginger dressing

EJ's Granny Smith - with romaine lettuce, grilled chicken, Granny Smith apples, golden raisins, pecans, tomatoes, blue cheese and Northwest raspberry vinaigrette dressing

Chicken Caesar - with romaine lettuce, croutons, parmesan cheese and classic caesar dressing

Aztec Fire Grilled Chicken Salad - with mixed field greens, grilled chicken, avocado, corn, jicama, tomatoes, tortilla chips, cheddar cheese and lime chipotle dressing

Tuscan Antipasto - with romaine lettuce, Italian salami, basil, artichokes, black olives, hearts of palm, roasted red peppers, sun-dried tomatoes, mozzarella cheese and balsamic vinaigrette dressing

Desserts & Snacks

Baked Goodie Platter	\$3.95 per person	
assorted freshly baked jumbo cookies, brownies, blondies, marble pound cake, crumb cake, fresh berries & grapes with fresh fruit skewers	\$6.95 per person	
Fresh Fruit Pies and Cakes	p/a	
Fresh Seasonal Fruit Platter	small (serves 8-10) \$45.00	large (Serves 12-18) \$65.00
Basket of Assorted Flavored Pita Chips with guacamole	\$3.75 per person	
Fresh Fruit Bowl	\$4.50 per person	

Beverages

Assorted Sodas, Water or Iced Tea \$2.25 per person

Please Allow 24 Hour Notice for Catering Orders

Corporate Accounts Available

American Express, Visa and Mastercard are Welcome